



2022-23 Q1

Quarterly Progress Report

**SUKHA EDUCATION
FOUNDATION**

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INTRODUCTION

Good communication skills are a pre requisite in any profession. With this goal in mind, Sukha Education Foundation (Sukha) was established in June 2021. At Sukha we believe that communication impacts one's life experiences and development.

Although India carries the heritage of many culturally diverse languages, English as a global language seems to be able to push forward careers and unlock opportunities for thousands in this country. An essential part of our goal is to connect with government schools/low-income private schools and community centres to allow this category of students to have opportunities.

Bearing this in mind, we created Sukha with one simple goal, to teach communicative English through creative ways and bridge the gap between education and employability. We teach all we can to empower people with the power to communicate.



GUIDING PRINCIPLES

OUR VISION

Our Vision is to bridge the English communication divide by enabling a supportive ecosystem for all.

OUR MISSION

Our Mission is to create a safe space for students to learn, feel empowered and grow. By providing students with the agency to be the most confident version of themselves possible, Sukha seeks to empower individuals to become their best.

OUR CULTURE

Our culture is one of constant evolution. Feedback from our student community is a vital element which refines our teaching methodology and strategy. Empathy is crucial as it creates a much better learning atmosphere to build connections between teacher and student. We believe that our culture is a work in progress.

We teach communicative English through creative ways to bridge the gap between education and employability

OUR JOURNEY

Sukha Education Foundation
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**June,
2021**

Launched Sukha

Sanjana and Kavya, together, taught a batch of students 8 together| We registered the NGO under the name 'Sukha' meaning happiness (because that is how we feel when we teach) | Launched Sukha's first cohort of students

**December,
2021**

Closed our 1st Cohort

Trained over 6 batches of students (6-10 students each) for over 6 months - Once a week in English communication and Grammar| Worked with over 8 volunteers | Developed and refined our curriculum

**January,
2022**

Launched our 2nd Cohort

Expanded to over 6 batches of students from Tamil Nadu and Kerala (each) | Worked with 12+ volunteers

**June,
2022**

Launched our 3rd Cohort

Taught over two cohorts (each cohort is 6 months) of students across Tamil Nadu and Kerala | Working with 25+ volunteers across 5 verticals | Secured our first corporate training | Launched a new short-term program (Communication through the arts)

OUR PROGRAMS

Team Sukha is extremely grateful for the support we have received in the past year. Our students and pool of talented volunteers continue to inspire us each day to constantly improve and launch programs and events for our students. Currently Sukha runs two separate programs :



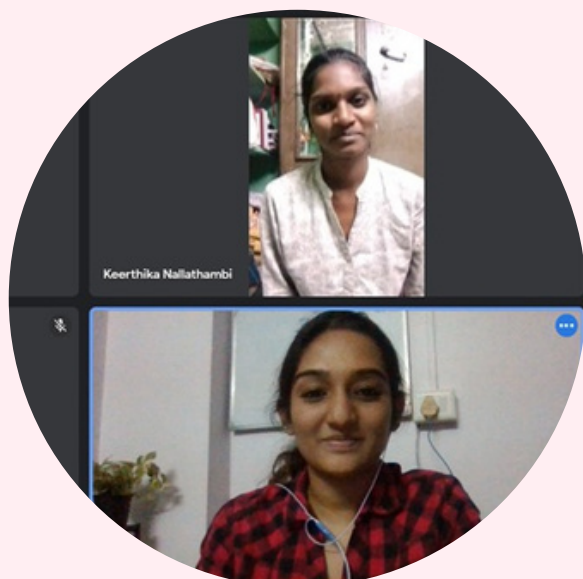
English courses (Long-term program)

Sukha runs a program for a period of 6 months. Over this course we train our students in English Grammar and Communication



Communication through the arts (Short-term program)

Sukha runs a program for a period of 2 weeks. Through this program, we teach students the basics of theatre, art, and public speaking. The goal is to increase students' exposure to art forms and enable better communication that transcends language, through creative means.



OUR REACH



2 States

Sukha runs its English courses program across Tamil Nadu and Kerala



5 Partners

Sukha partnered with NGOs and corporates to launch and conduct our programs



Offline Centers

Sukha conducts our English course in 2 offline centers in Chennai



Online Courses

Trained over 100+ students across the past 1 year, over online classes



25+ Volunteers

Working with over 25+ volunteers across 5 verticals | 4 part-time employees



Workshops

Conducted a 10 day theatre workshop for 50+ students from Kannagi Nagar, Chennai

MEASURING PROGRESS

As we close the academic year with our second cohort, we have tracked the following results from our students.

After running our two cohorts, our takeaways were:

80%

Of students in the second cohort of our English courses were referred to us by our existing students

95%

Of students stated that they feel more confident to listening carefully to what the other person is saying and then respond in English

80%

Of students stated that they feel more confident in their ability to speak in English

70%

Of students stated that they feel less conscious to speak in English in front of their friends

75%

Of students stated that they improved their communication skills with seniors at the office/College

65%

Of students stated that were able to secure a job with their improved English skills

90%

Of students stated that they are now able to perform better in their jobs and job interviews

MEASURING PROGRESS



Sponsored Sukha students from our theatre workshop to experience a live theater performance by The Little Theater



4 Sukha students spoke in a panel discussion on the topic "Language barriers in society", hosted by Sukha and HSFW



Students took the initiative to create a group called "Sukha Debates" where we meet once a week to discuss current affairs, group discussions and debate social issues.

"MOST USEFUL"

"SUPER"

"WONDERFUL"

Words our students use to describe class with Sukha



While other students, took the initiative to create a group called "English Games" amongst themselves to play fun games through WhatsApp and practice English daily

NEXT STPES

Where do we go from here? Team Sukha is as excited as ever for what the year 2022 has in store for us. Below are the few key focus areas and goals that we have set out for ourselves

No. 01 – Expand offline centers

Sukha intends on opening over 6 offline centres across Chennai, over the course of the year.

No. 02 – Maintain Online classes

Sukha intends on maintaining online classes with 2 online batches across Tamil Nadu and 5 batches across Kerala

No. 03 – Expand Team

Sukha intends on expanding the team to include more verticals - Fundraising team, hiring curriculum experts, etc.

No. 04 – Explore partnerships

Sukha intends on partnering with several NGOs across Chennai to conduct our communication through the Arts Wokshop

ACKNOWLEDGEMENT

We thank you for your continued support in our efforts to grow our dream of bridging the gap between education and employability

We would like to extend our deepest gratitude to our partners who have helped us grow our organisation to where it is today.

